

to put the arm on

to extort, to force or obligate someone to accomodate one's request, to extract by force
He **put the arm on me** last night and forced me to give him money.

to put the arm on

(informal) to put the screws to, to squeeze, to milk, to shake down, to put the bite on

to spread one's arms wide

to welcome, to open one's door to,
to lay out the welcome mat

When my mother saw me, she **spread her arms wide** and gave me a big hug.



to strong arm

to prevail upon, to pressure, to press,
to force, to obligate

You can not continue **strong arming** everyone.

to take someone's arm

to use another's arm for support or help to walk
Because she was still weak, she **took his arm**.

to take someone's arm

to hold onto someone's arm to show that one is being accompanied or escorted

She **took her date's arm** and walked into the club.

to twist someone's arm

to force, to impel, to obligate, to pressure,
to require, to demand, to apply pressure
I'll **twist her arm** if necessary but she will
talk to me about everything.



to twist someone's arm

(informal) to put the screws to or on, to ramrod, to put the squeeze on, to lean on

to walk arm in arm

(literally) to walk together with arms interlocked
We walked **arm in arm** down the street.

to walk arm in arm

(figuratively) to be united or shoulder to shoulder,
to act in concert, to work together to
reach and accomplish a common goal

elbow

bent of the arm, the funny or crazy bone
He broke his **elbow** when he fell
off of his bike.

to elbow

to shove, push, nudge or poke with the elbows
The only way to get out of here is to **elbow**
our way out.

to elbow

(informal to slang) to push, squeeze or drive one's way through, to butt or bulldoze one's way through

elbow bender

a person who is fond of drinking a lot or who enjoys more than a couple of drinks

elbow bender

(informal) drunkard, sot, soak, boozehound,
hard drinker, swiller, problem drinker

elbow crooker

one who imbibes or drinks too much, drinker,
imbiber, inebriate, drunkard

elbow crooker

(informal to slang) serious drinker, barfly, guzzler, alchy, wino, sponge

elbow grease

vigorous or energetic physical work with one's hands (i.e. scrubbing the floor)

You have to put a lot of **elbow grease** to get this desk clean.

elbow room

ample, enough or plenty of room, spacious
I need **elbow room** to work.

elbow room

opportunity, freedom, space, leeway, spaciousness
While growing up, my father gave me plenty
of **elbow room**.

elbow-to-elbow

in close proximity, near, right next to

While in university, we had to live **elbow-to-elbow**.

elbow-to-elbow

(informal) cramped, like sardines, crammed, overstuffed, jammed, overfilled

at one's elbow

nearby, close by, at hand, at one's finger tip
Don't be so lazy! Pick up the phone; it's
at your elbow.

out at the elbow

untidy, rumpled, poorly dressed, shabby,
dishelved, uncombed, messy, mussed

out at the elbow

improvised, in great need, needy, poor,
destitute, bankrupt

out at the elbow

(informal) in rags, penniless, ruined, badly off, on the rocks, down at the heels, not with two pennies to rub together

up to one's elbow

immersed, overwhelmed, up to one's
eyeballs, up to one's neck

I can't go anywhere. I'm **up to
my elbow** in work.

to bend an elbow

to drink, to imbibe

He is always **bending an elbow**, especially
in the late afternoon.

to bend an elbow

(informal) to drain, to drink like a fish, to belt,
to booze, to wet one's whistle, to lap up,
to gargle, to drink hard

to crook an elbow

(standard to informal) to drink, to imbibe,
to get drunk, to moisten one's whistle,
to commune with the spirits, to get pickled

to crook an elbow

(slang) to swig, to get plastered, to hit the sauce, to go on a binge, to paint the town red

to elbow one's way through

to shove, push, nudge or poke with one's elbows
We have to get out of here. We're going to
have to **elbow our way through**.

to elbow one's way through

(informal) to push through, to make one's way through, to shoulder one's way through

to elbow one's way through the crowd

to jostle, press forward, wedge or thrust
with one's elbows to get out of a crowd

to elbow one's way through the crowd

(informal) to ram, butt or bulldoze one's way through a crowd, to use one's elbows to bump, shoulder or poke someone in a crowd



to elbow past

to push or shove past, to poke through
He **elbowed past** everyone to get out.

to elbow someone aside

to push, shove or move forcefully aside
He **elbowed his brother aside** and left.

to lean one's head on one's elbow

to prop, hold up or support one's head
in one's hand

to lift an elbow

to drink, to imbibe, to booze

He is always **lifting an elbow**, especially in the late afternoon.

to rub elbows with

to mingle with, to hob-nob, to hang out with
He is always **rubbing elbows with** the
rich and famous.

arm

when referring to the 'arm' as a part of the body, the word is one of the oldest in English. It came into the language before 900. It is of Germanic origin.

arms

When referring to weapons, 'arm' is of Latin origin. It came into English through Old French. As a verb, 'to arm' came into English in the mid-13th century. As a noun, it came into English a hundred years ago.



arms

ammunitions, weapons, artillery, munitions
He sells **arms** illegally.

arms control

an international attempt to control the proliferation of war weapons

arms race

competition among different countries
to have superior weapons
(i.e. nuclear arms race)

to be up in arms

to be angry or furious to the point of violence
The voters **were up in arms** and
were ready to rebel.

to bear arms

to carry, tote or have weapons
It is not against the law to **bear arms**.

to bear arms

to be a member of the military

Because of his beliefs, he refuses to **bear arms**.

to lay down one's arms

to stop or cease fighting

Before anything, it is important
that the insurgents **lay down their arms.**

to take up arms

to prepare to fight or to go to war
They will **take up arms** if necessary.